Consultant Ophthalmologist - Instructions

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Please note I do **not** offer optometry services (i.e. testing your refraction to determine what lens power your glasses should be, or to issue you glasses, and so on). You will need an optometrist for this who are found at your local opticians.

As an ophthalmologist, I deal with medical and surgical eye problems. My sub-specialty is glaucoma and cataract.

What do I need to bring with me for my Ophthalmology appointment?

- Latest opticians report.
- Current glasses or contact lenses.

Can I drive to the appointment?

You can, BUT, an initial Consultation would require a dilated fundal examination which requires me to put dilating eye drops in your eyes to dilate the pupil. These drops will blur your vision for a minimum of 3-4 hours which will render you unable to drive for this period as a minimum. I would therefore strongly advise you to make alternative arrangements or else to bring someone with you that can drive you home after.

What will my Consultation include?

I will take a history including reviewing your medical and eye history, medications and family history. I will test your vision on a Snellen chart then examine your eyes using a slit-lamp microscope. I will check your eye pressure, and then dilate your pupils to assess the health of the back of your eye with a special lens, namely the retina and the optic nerve.

If issues are detected, or if you wish to have a more comprehensive evaluation, we can discuss further tests such as imaging (OCT) and visual field assessments. Prices are available on my website.

Can I book at any site for my comprehensive Ophthalmology consultation?

No. A comprehensive Ophthalmology assessment is only available at Newmedica Teesside. All our locations are able to test your vision as required by the UK CAA for certification purposes.

Any queries in advance of your consultation please email me on info@aviationmedicalservices.com.

Any queries on the day please WhatsApp me (link through website) or call if urgent.