Chaperone Policy

Introduction

At Aviation Medical Services | North East, we recognise that undergoing a medical examination can sometimes feel daunting. We are committed to providing a professional, safe, and supportive environment for all. As part of this commitment, we offer the option of having a trained chaperone present during your medical examination.

Client Choice and Comfort

Clients may request a chaperone at any stage of their examination, and it is our policy to facilitate this wherever possible. Information about what your examination will involve is available on our website. If you have specific questions or concerns, you are encouraged to contact us before your appointment.

Arranging a Chaperone

When booking an appointment, you will be asked whether you would like a chaperone present. This enables us to make the necessary arrangements in advance. If you later decide that you would like a chaperone, please inform us as soon as possible. Requests made on the day of the appointment will be accommodated where possible. However, if a suitable chaperone is not available, it may be necessary to reschedule your appointment.

Who Can Act as a Chaperone

Chaperones provided by Aviation Medical Services | North East are trained professionals. They are familiar with the examination process, remain present throughout, and are empowered to raise any concerns. Family members, friends, or advocates are welcome to accompany you for personal support, but they cannot act as formal chaperones, as they are not impartial or medically trained.

Clinician-Initiated Chaperoning

In certain circumstances, the examining clinician may require that a chaperone be present for clinical or safeguarding reasons. If this is necessary, you will be informed as early as possible, and the reasons will be explained clearly. If you decline a chaperone in these circumstances, Aviation Medical Services | North East will provide information on alternative aeromedical practitioners who may be able to carry out your examination.

Confidentiality and Professionalism

All Aviation Medical Services | North East chaperones adhere to strict professional standards and confidentiality requirements. Their role is to support both the patient and the clinician, ensuring that examinations are conducted with dignity, respect, and transparency.